

Becoming an Outdoor Family

May 30–31, 2009 • Eagle Bluff ELC • Lanesboro, MN

Hands-on beginning outdoor skills and experiences for the whole family.

Bringing Families and the Great Outdoors Together

Becoming an Outdoors Family

Becoming an Outdoor Family is a workshop focused on learning basic outdoor skills to help you and your family enjoy the outdoors. Skills taught are related to a variety of outdoor sports such as fishing, camping, canoeing, archery, hunting and hiking. Another goal is to provide families an opportunity to reconnect with each other and the great outdoors in a comfortable, safe and relaxed setting.

Expert instructors from both Eagle Bluff and Minnesota Department of Natural Resources will teach these classes. Instructors begin each class with the basics, providing hands-on experience and encourage all participants to ask questions and try the skill.

We welcome all types of families to participate! Bring your grandchild, niece or nephew or even scout troop or big brother/sister group and join us. Outdoor family workshops are geared toward families that have children between the ages of 6 and 14. Younger children are welcomed to attend the weekend but will not be able to participate in classes.



Workshop Schedule

FRIDAY, MAY 29

Optional Friday night stay for additional fee of \$10/person, meals are on your own, Family Free Time

SATURDAY, MAY 30

8:30 A.M. – 9:30 A.M.	Registration
9:30 A.M. – 10:00 A.M.	Welcome
10:00 P.M. – 12:00 P.M.	Session I
12:30 P.M. – 1:00 P.M.	Lunch
1:30 P.M. – 3:30 P.M.	Session II
4:00 P.M. – 5:00 P.M.	Optional Hike or Free Time
5:30 P.M. – 6:30 P.M.	Dinner
6:30 P.M. – 7:30 P.M.	Free Family Time
7:30 P.M.	Campfire

SUNDAY, MAY 31

8:00 A.M. – 9:00 A.M.	Breakfast
9:00 A.M. – 10:00 A.M.	Free Family Time
10:00 A.M. – 12:00 P.M.	Session III
12:15 P.M. – 12:30 P.M.	Evaluations
12:30 P.M. – 1:00 P.M.	Lunch
1:00 – 2:00 P.M.	Free Family Time
2:00 P.M.	Depart

For More Information

Please contact us if you have questions:

Megan Duffey, Eagle Bluff ELC

Phone: 1-888-800-9558

Linda Bylander, MN Dept. of Natural Resources

Phone: 218-833-8628

Email: linda.bylander@dnr.state.mn.us

Details

Workshop Details

Registration: Registration for classes is on a first-come, first-served basis. We ask that you list your first, second, and third choice for classes for each session by family member. Class sizes will be kept small for a better learning experience.

Workshop Fee

\$60 per person, OR

\$220 for family of four and \$55 for each additional family member. Optional \$10 fee per person for Friday night stay—no meals or activities available on Friday.

Session activities are for adults and children ages 6 and older. Younger children are welcome during the weekend but cannot join the session classes. Fee includes lodging, all meals, class equipment and instruction. Lodging is dorm style with one family per dorm room with their own bathroom. Bring linens or sleeping bags, towels and personal items. We will be outdoors for some classes rain or shine so dress appropriately for the weather.

Confirmations Packet

A packet with class schedule, directions, packing list, and other necessary details will be mailed to you about four weeks prior to the workshop.

Cancellation

If you cancel before April 20th, full refund minus the non-refundable \$50 deposit. Cancel after April 20th and there will be no refund.

Supervision

One adult must be present with up to two children under age 16 in each session. Guardians are responsible for the supervision of their children at all times.

Family Scholarships

Scholarships are available to attend this event courtesy of the Rocky Mountain Elk Foundation. Please contact Linda Bylander at Linda.Bylander@dnr.state.mn.us or by phone, 218-833-8628.

Classes

Workshop Classes

A. Archery (Sessions 1*, 2, 3)

Learn about archery equipment and how to properly shoot a bow. We will use Matthews Genesis compound bows that have a very low draw weight so even 6-year-olds can be successful at this sport.

B. Air Gun & Laser Gun (Sessions 1,3)

Learning how to properly use and respect guns is a great way to teach kids to be gun safe! Learn gun safety, how to hold a gun, proper shooting position and rules for shooting. Practice shooting targets with an air gun. A laser gun booth will be set up to try your skill at laser shooting.

C. Rifle Range – (Session 2*)

For children and adults 10 and older. Learn gun safety, how to hold a rifle, and proper shooting fundamentals. Go out on Eagle Bluff rifle range for shooting practice.

D. Fly Fishing – (Sessions 1, 2, 3)

Learn the basics of fly-fishing including equipment and casting. Practice casting in the local trout pond to gain skills in casting and retrieval. Catch & Release only.

E. High Ropes Course (Sessions 1, 2, 3)

Try your hand at the treetops high ropes course. This course will exhilarate you and is a great personal challenge course.

F. Flora and Fauna Hike (Sessions 1, 2, 3)

Hike the beautiful trails of Eagle Bluff and learn about the plants and animals that live in the woods and in the water.

G. GPS/Orienteering (Sessions 1, 2, 3*)

Learn to use a GPS to navigate through the woods and find your way across country.

REGISTRATION FORM Becoming an Outdoor Family May 30 & 31, 2009

Complete both sides of the REGISTRATION FORM and mail your enrollment fee and form to:

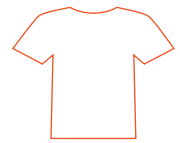
Eagle Bluff ELC
Attn.: Megan Duffey
28097 Goodview Drive
Lanesboro, MN 55949

Call Eagle Bluff ELC Toll-Free at 1-888-800-9558

Name _____
Phone (Day) _____ Evening _____
Address _____
City _____ State _____ Zip _____
Email _____

List the name of each family member coming to the event, even those too young to participate in the activities:

Adult 1: _____ t-shirt size _____
Adult 2: _____ t-shirt size _____
Child 1: _____ Age _____ t-shirt size _____
Child 2: _____ Age _____ t-shirt size _____
Child 3: _____ Age _____ t-shirt size _____
Child 4: _____ Age _____ t-shirt size _____



T-shirt Sizes:
Adult S, M, L, XL or
Youth S, M, L, XL

Session Classes

On the chart below, use the letter next to each class name to indicate first, second, and third choice for each session for each person in your family. Numbers in parenthesis indicate which sessions the class is being offered. Check class description for whether the class is for children ages 10 and older or for all ages.

Classes marked with an * are for children and adults ages 10 and older.

- A. Archery (1*, 2, 3)
- B. Air Gun & Laser Gun (1, 3)
- C. Rifle Range (2*)
- D. Fly Fishing (1, 2, 3)
- E. High Ropes (1, 2, 3)
- F. Flora and Fauna Hike (1, 2, 3)
- G. GPS/Orienteering (1, 2, 3*)

Name	Session 1			Session 2			Session 3		
	C	E	B	A	D	F	C	D	B
Example: Jane Jones									
	1	2	3	1	2	3	1	2	3
	1	2	3	1	2	3	1	2	3
	1	2	3	1	2	3	1	2	3
	1	2	3	1	2	3	1	2	3
	1	2	3	1	2	3	1	2	3
	1	2	3	1	2	3	1	2	3

Risk Release & Photo Permission:

The applicant by signing below recognizes that the program involves some risk and that your family takes responsibility for all action or injury that may result by participating and will sign a liability form.

Participants understand that photographs may be taken during the session and may be used for future support of the program.

Signature of parent/guardian: _____